

Performance Standards for FEMALES by Age

	1F	2F	3F	4F	5F	6F	7F	
Female Age	20-24	25-29	30-34	35-39	40-44	45-49	50+	Female Age
	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	
Percentile	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Percentile
99%	10:22	10:29	10:42	10:58	11:11	11:13	11:38	99%
98%	10:56	11:02	11:13	11:36	11:41	12:44	13:09	98%
97%	11:07	11:19	11:32	11:51	12:17	13:11	14:45	97%
96%	11:22	11:35	11:47	12:02	12:43	13:56	14:59	96%
95%	11:36	11:45	11:59	12:19	12:55	14:09	15:22	95%
94%	11:44	11:55	12:01	12:33	13:40	14:33	15:32	94%
93%	11:57	12:04	12:23	12:50	13:58	14:43	15:46	93%
92%	12:07	12:13	12:33	13:02	14:11	14:50	15:54	92%
91%	12:18	12:22	12:45	13:15	14:26	15:11	16:10	91%
90%	12:25	12:30	12:57	13:25	14:32	15:32	16:39	90%
89%	12:33	12:38	13:05	13:34	14:38	15:48	16:55	89%
88%	12:41	12:44	13:15	13:48	14:41	15:59	17:04	88%
87%	12:48	12:51	13:22	13:55	14:48	16:02	17:12	87%
86%	12:54	12:59	13:30	13:59	14:53	16:15	17:30	86%
85%	12:59	13:04	13:39	14:03	15:03	16:21	17:36	85%
84%	13:07	13:10	13:47	14:11	15:13	16:25	17:46	84%
83%	13:12	13:15	13:56	14:19	15:22	16:29	18:06	83%
82%	13:20	13:21	14:06	14:27	15:32	16:34	18:27	82%
81%	13:25	13:27	14:14	14:37	15:40	16:39	18:31	81%
80%	13:30	13:30	14:21	14:44	15:52	16:43	18:39	80%
79%	13:34	13:40	14:27	14:49	15:59	16:45	18:42	79%
78%	13:40	13:46	14:33	14:54	16:06	16:53	18:50	78%
77%	13:46	13:51	14:40	15:00	16:15	16:58	19:00	77%
76%	13:50	13:56	14:45	15:07	16:24	17:03	19:07	76%
75%	13:54	14:02	14:52	15:14	16:27	17:09	19:12	75%
74%	13:59	14:08	14:59	15:20	16:30	17:16	19:14	74%
73%	14:04	14:13	15:05	15:23	16:35	17:25	19:15	73%
72%	14:10	14:19	15:11	15:30	16:42	17:30	19:17	72%
71%	14:15	14:25	15:15	15:37	16:51	17:31	19:20	71%
70%	14:21	14:30	15:21	15:42	16:54	17:34	19:28	70%
69%	14:27	14:37	15:26	15:49	17:05	17:46	19:35	69%
68%	14:31	14:43	15:32	15:58	17:08	17:49	19:38	68%
67%	14:35	14:47	15:37	16:06	17:11	18:02	19:40	67%
66%	14:38	14:50	15:42	16:14	17:12	18:13	19:41	66%
65%	14:43	14:56	15:46	16:21	17:17	18:21	19:45	65%
64%	14:47	15:00	15:52	16:24	17:19	18:26	19:52	64%
63%	14:53	15:06	15:57	16:29	17:24	18:31	19:53	63%
62%	14:57	15:10	16:00	16:34	17:30	18:36	19:58	62%
61%	15:01	15:14	16:06	16:39	17:33	18:44	20:01	61%
60%	15:05	15:19	16:11	16:43	17:36	18:45	20:05	60%
59%	15:09	15:25	16:16	16:46	17:40	18:48	20:08	59%
58%	15:14	15:31	16:21	16:53	17:44	18:52	20:20	58%
57%	15:18	15:36	16:28	16:59	17:51	18:56	20:22	57%
56%	15:22	15:40	16:33	17:05	17:57	19:01	20:23	56%
55%	15:28	15:46	16:38	17:10	18:00	19:04	20:27	55%
54%	15:31	15:50	16:42	17:16	18:02	19:05	20:30	54%
53%	15:35	15:54	16:47	17:19	18:08	19:06	20:39	53%
52%	15:40	15:58	16:54	17:28	18:12	19:07	20:47	52%
51%	15:43	16:07	17:00	17:31	18:15	19:10	20:49	51%
50%	15:48	16:07	17:05	17:38	18:18	19:18	20:51	50%

Minimum

Performance Standards for **FEMALES** by Age

	1F	2F	3F	4F	5F	6F	7F	
Female Age	20-24	25-29	30-34	35-39	40-44	45-49	50+	Female Age
	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	1.5 Mile Run	
Percentile	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Min:Sec	Percentile
49%	15:53	16:13	17:10	17:43	18:20	19:24	20:53	49%
48%	15:58	16:18	17:14	17:50	18:28	19:25	20:58	48%
47%	16:04	16:24	17:20	17:53	18:36	19:27	21:03	47%
46%	16:09	16:27	17:25	17:58	18:40	19:31	21:11	46%
45%	16:13	16:32	17:31	18:06	18:45	19:38	21:16	45%
44%	16:17	16:37	17:36	18:12	18:47	19:39	21:27	44%
43%	16:23	16:42	17:40	18:17	18:55	19:45	21:32	43%
42%	16:27	16:47	17:44	18:23	18:59	19:48	21:42	42%
41%	16:32	16:51	17:49	18:26	19:04	19:54	21:59	41%
40%	16:35	16:55	17:55	18:32	19:10	19:57	22:08	40%
39%	16:40	17:00	18:00	18:38	19:17	20:00	22:12	39%
38%	16:43	17:06	18:05	18:43	19:21	20:02	22:15	38%
37%	16:47	17:12	18:09	18:50	19:25	20:08	22:17	37%
36%	16:53	17:17	18:13	18:57	19:30	20:20	22:20	36%
35%	17:00	17:22	18:19	19:03	19:35	20:26	22:36	35%
34%	17:06	17:29	18:24	19:11	19:38	20:30	22:46	34%
33%	17:09	17:35	18:31	19:20	19:51	20:34	22:53	33%
32%	17:15	17:43	18:35	19:29	19:54	20:43	22:59	32%
31%	17:18	17:48	18:42	19:33	19:57	20:46	23:00	31%
30%	17:23	17:54	18:50	19:40	20:00	20:52	23:02	30%
29%	17:28	17:58	18:56	19:47	20:04	20:55	23:05	29%
28%	17:33	18:03	19:02	19:53	20:09	20:57	23:06	28%
27%	17:40	18:09	19:07	19:59	20:17	20:59	23:07	27%
26%	17:43	18:16	19:13	20:05	20:23	21:00	23:08	26%
25%	17:48	18:23	19:19	20:10	20:30	21:09	23:09	25%
24%	17:54	18:30	19:26	20:22	20:41	21:13	23:10	24%
23%	18:03	18:36	19:34	20:28	20:51	21:33	23:13	23%
22%	18:10	18:44	19:38	20:34	20:59	21:40	23:20	22%
21%	18:18	18:51	19:46	20:40	21:15	21:46	23:41	21%
20%	18:25	18:58	19:53	20:47	21:20	21:57	23:50	20%
19%	18:32	19:06	20:01	20:55	21:28	22:08	24:05	19%
18%	18:40	19:14	20:10	21:00	21:40	22:14	24:24	18%
17%	18:47	19:22	20:21	21:07	21:45	22:16	24:40	17%
16%	18:57	19:32	20:31	21:19	21:49	22:19	24:41	16%
15%	19:07	19:41	20:41	21:27	22:03	22:28	24:42	15%
14%	19:18	19:53	20:52	21:36	22:16	22:48	24:53	14%
13%	19:26	20:00	21:04	21:47	22:31	23:15	25:13	13%
12%	19:37	20:11	21:20	22:00	22:37	23:20	25:33	12%
11%	19:49	20:25	21:33	22:08	22:52	23:38	25:50	11%
10%	20:01	20:36	21:51	22:27	23:11	23:48	26:26	10%
9%	20:15	20:50	22:06	22:45	23:26	24:01	26:48	9%
8%	20:30	21:05	22:24	23:08	23:49	24:15	27:17	8%
7%	20:45	21:28	22:45	23:24	24:16	24:35	27:46	7%
6%	21:02	21:55	23:00	23:54	24:44	24:48	28:00	6%
5%	21:42	22:15	23:28	24:03	25:15	25:00	28:06	5%
4%	22:05	22:45	24:00	24:44	25:38	25:05	28:13	4%
3%	22:42	23:20	24:40	25:00	26:15	25:46	28:20	3%
2%	23:27	24:07	25:15	25:51	27:30	27:26	28:56	2%
1%	24:02	25:32	26:22	28:00	29:39	28:50	29:25	1%