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May 2008

Fallen officers honored at Memorial Service

Twenty-two Texas law officers who have lost their lives while on duty during the past two years will be honored May 13 during the annual DPS Memorial Service. The ceremony is set for 10 a.m. on

the patio at the DPS Training Academy in Austin.

"We will gather in Austin to honor our law enforcement brothers and sisters who have given their lives while protecting Texas," said Col. **Thomas A. Davis Jr.**, director of the DPS. "I hope those unable to join us at the ceremony will take a moment to honor these brave men and women."



Tr. Holmes

Included in those honored will be Tr. **Todd Dylan Holmes**, DPS Gilmer, who died in a traffic crash on March 14, 2007.

Texas peace officers who died while performing their duties in 2008: Deputy Constable David Joubert, Harris Co. Constable's Office-Pct. 7, died in a traffic crash Jan. 13;

Officer Matthew B. Thebeau, Corpus Christi PD, died in a traffic crash Jan. 20;

Senior Corporal Victor Lozada-Tirado, Dallas PD, died in a traffic crash Feb. 22.

Texas peace officers killed feloniously in 2007:

Game Warden Justin Hurst, Texas Parks and Wildlife Dept., was shot and killed March 17 while attempting to apprehend an illegal hunting suspect;

Senior Cpl. Mark Timothy Nix, Dallas PD, shot and killed on March 23 while attempting to apprehend a murder suspect;

Deputy Sheriff Tony Price Ogburn, Henderson Co SO, shot and killed on May 17 while attempting to break up a domestic disturbance;

Deputy Sheriff Paul Steven Habelt, Henderson Co SO, shot and killed on May 17 while attempting to break up a domestic disturbance;

Deputy Sheriff Michael Page, Bowie Co SO, killed on June 30 while attempting to apprehend hit and run suspect;

Corporal Arlie Jones, Odessa PD, shot and killed Sept. 8 while responding to a domestic disturbance;

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Dear fellow employee,

I want to make you aware of an important change to the promotional testing process. We will no longer allow walk-ins to the promotional exams. You must submit an HR-106 to the Promotional Section of the Human Resources Bureau by the deadline. For this next round of testing, the application deadline is June 6, 2008. In the past, we were able to accommodate anyone who decided at the last minute that they wanted to test. This will no longer be permitted.

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As I write this, we have many commissioned officers who are assisting in the investigation and providing security for the 416 children who were removed by the Department of Family and Protective Services from a ranch near Eldorado early in April. Many of you have been working long hours, and I thank you for your hard work on a case that has been very difficult for everyone involved.

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On May 13, we will honor Texas peace officers who have died while serving the citizens of the state of Texas. This ceremony gives each of us the opportunity

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Mile Markers

Promotions CLE

Patrick Arthur Brennan, Sgt., Narcotics Svc. Victoria to Lt., Narcotics Svc. Lubbock.

THP

Phillip James Breeding, Tr. II, HP Midland to Sgt., HP Odessa; Richard Paul Adkins, Cpl. III, HP Webster to Sgt., HP Wallisville; Shawn Cleston Hallett, Tr. II, HP Victoria to Sgt., HP Conroe-East; Johnny Jason Anzaldua, Tr. II, HP Monahans to Sgt., HP Hereford; Derek Lee Leitner, Tr. II, HP New Caney to Sgt., HP Uvalde; Phillip Clayton Davis, Cpl. II, HP Palestine to Sgt., HP Terrell; Victor Sotelo, Jr., Cpl. II, HP Pearsall to Sgt., HP Cotulla; Jason Allen Dudley, Tr. II, HP Georgetown to Sgt., HP Mineral Wells:

David Isaiah Ramos, Tr. II, HP Falfurrias to Sgt., HP Laredo; Mark L. Rinehart, Tr. IV, CVE Queen City to Sgt., MCB Georgetown; Dana Clark Moore, Sen. Tr. CVE Georgetown to Sgt., CVE Laredo-WTB; Debra Kersey, Operator III, Comm. Svc. Bryan to Supv., Comm. Svc. Abilene.

DL

Joey Demetrius Rean, Tr. III, DL Dallas to Sgt., DL Austin-NW; Jesse Ray Mitchell, II, Tr. II, HP Marshall to Sgt., DL Austin-N.

Retirements

Richard Wilbur Barton, Sen. Tr., DL Hurst, 26 yrs., 9 mos., 21 days; Linda Mae Himes, Sen. Tr., HP Houston, 30 yrs., 3 mos., 24 days; Betty Joan Monaghan, Evaluator, DL Austin, 13 yrs., 7 mos., 16 days; Chris Duran Senior, Security Of-

ficer III, HP Austin, 14 yrs., 3 mos., 16 days;

Ronnie Glenn Fikes, Sen. Tr., CVE Beaumont, 29 yrs., 10 mos., 7 days; Michael Wayne Scales, Sgt., CVE Queen City, 28 yrs., 9 mos., 18 days; Ricky Joe Thigpen, Sen. Tr., CVE Livingston, 27 yrs., 2 mos., 17 days; Andrea Boren Tarbutton, Operator, HP Houston, 27 yrs., 13 days;

Kenneth Wayne Tuck, Jr., Sen. Tr., PSB Houston, 25 yrs., 9 mos., 22 days; Bobbie Jean Davis, Secretary, HP Garland, 25 yrs., 6 mos., 29 days; David D. Cole, Trainer, Crime Info. Austin, 25 yrs., 1 mo.; Hortencia Marquez Martinez, Examiner, DL El Paso, 24 yrs., 1 mo.;

Rhonda Gayle Melton, Admin. Asst., CIS Garland, 22 yrs., 4 mos., 11 days; Daniel L. Ziterich, Liaison Officer, EMD Bryan, 2 yrs., 2 days; Merri Teresa Roberts, Operator, Comm. Svc. Abilene, 28 yrs., 7 mos., 28 days; Charles D. Roberts, Sen. Tr., HP Austin, 16 yrs., 5 mos., 28 days; Rae Jene Freeman, Tech., Vehicle Inspection Sherman, 14 yrs., 4 mos., 28 days.

Deaths

Joe K. Murchison, Security Of-



Best wishes for a speedy recovery from line-of-duty injuries go to:

Good news! Tr. **Robert Rosamond**, CVE El Paso, Cpl. **Patrick Davis**, HP Gonzales, and Tr. **Jeremy Fountain**, HP Henderson, have returned to work.

ficer, III, HP Austin (Oct. 2001 – March 2008) died March 20, 2008; John H. Phillips, ret. Security Officer, III, HP Austin (June 1996 – Oct. 2007) died March 24, 2008; Derrell (Dell) Turner Hampton, ret. Investigator, Narcotics Svc. Garland (Dec. 1960 - March 1981) died March 25, 2008; Kellas Davis, ret. Investigator, Narcotics Svc. Abilene (Jan. 1957 June 1977) died April 2, 2008; James C. Vickrey, ret. Comms. Operator III, HP Victoria (June 1959 -April 1983) died April 2, 2008; Quinton Earl Currier, Inspector III, HP Brownsville (May 2003 - April 2008) died April 6, 2008; Duke A. Ducharme, Mechanic, Staff Support Svc. Austin-HQ (April 2006 – April 2008) died April 18, 2008.

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to remind their loved ones that they are not forgotten. We continue to honor the sacrifices that were made on our behalf.

If you are not able to be with us in Austin, I urge you to find out about ceremonies in your area. Please take a moment to reflect on those who have gone before us.

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We still have fellow employees who are serving in the military reserves. Please check on their families and keep them in your prayers. Last month's *Chaparral* had an article about the Department's DPS Veterans' Assistance Program (DVAP). If you are a returning veteran, please be sure to find out more about this program.

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Please be careful as you travel for Memorial Day. Wear your safety belts, get plenty of rest and pay attention to what's going on around you.

Thomas S. Davis J.

Promotional exams set

The competitive examinations for the following positions will be conducted at the Texas Department of Public Safety Regional Headquarters Offices. Exams will be conducted at the Regional Office unless otherwise noted. Region 1 examinations will be conducted at Eastfield Community College (Room #C135), 3737 Motley Drive, Mesquite, Texas 75150. Region 7 examinations will be conducted at the Legislative Conference Center, State Capitol Building, 1400 North Congress Avenue, (Room E2.002) Austin, Texas. Parking is available on the top level of Garage A, 1401 San Jacinto, Austin, Texas. Region 8 examinations will be conducted at the Hidalgo County Sheriff's Office, 715 East El Cibolo Road, Edinburg, Texas as follows: Candidates who do not submit a HR-106 by the June 6 deadline to the Human Resources Bureau will not be eligible to participate in the written examinations. No walkins will be allowed.

Tuesday, June 17 at 8 a.m.

Captain, Narcotics Service Lieutenant, Narcotics Service Lieutenant, Criminal Intelligence Service

Sergeant, Narcotics Service Sergeant, Criminal Intelligence Service

Tuesday, June 17 at 1:30 p.m.

Captain, Highway Patrol Service Lieutenant, Highway Patrol Service

> Sergeant, Highway Patrol Service Sergeant, Driver License Division Sergeant, Texas Ranger Division

Wednesday, June 18 at 8 a.m.

Captain, Commercial Vehicle Enforcement

Lieutenant, Commercial Vehicle Enforcement

Lieutenant, Regulatory Licensing Service

Sergeant, Commercial Vehicle Enforcement

Sergeant, Motor Vehicle Theft Service

For Captain, Commercial Vehicle Enforcement, the Oral Examining Board will convene at the Texas Highway Patrol Division Conference Room beginning at 1 p.m. Wednesday, June 25 as follows: The interview board starting time for this board may be adjusted due to schedule conflicts. Candidates will be notified of any changes.

For Captain, Highway Patrol Service, the Oral Examining Board will convene at the Texas Highway Patrol Division Conference Room beginning at 8 a.m. Thursday, June 26 as follows: The interview board starting time for this board may be adjusted due to schedule conflicts. Candidates will be notified of any changes.

The Oral Examining Board will convene at the Texas Department of Public Safety Law Enforcement Promotional System Conference Room beginning at 8 a.m. as follows:

Lieutenant, Regulatory Licensing Service, Monday, June 23

Captain, Narcotics Service, Tuesday, June 24

Lieutenant, Highway Patrol Service, Wednesday, June 25

Lieutenant, Commercial Vehicle Enforcement, Friday, June 27

Lieutenant, Criminal Intelligence Service, Monday, June 30

Sergeant, Highway Patrol Service Monday, July 7

Sergeant, Commercial Vehicle Enforcement, Thursday, July 10

Lieutenant, Narcotics Service Monday, July 14

Sergeant, Motor Vehicle Theft Service

Monday, July 21

Sergeant, Narcotics Service Monday, July 28

Sergeant, Texas Ranger Division Wednesday, August 6 The Oral Examining Board will convene at the Texas Department of Public Safety Law Enforcement Promotional System Conference Room beginning at 1 p.m. as follows:

Sergeant, Driver License Division Tuesday, July 1

Sergeant, Criminal Intelligence Service, Tuesday, July 15

The application form HR-106 should be submitted directly to the Human Resources Bureau. Applicants must also submit a copy of form HR-106 to their Service Commander through proper channels. Only those candidates who are qualified will be able to compete in the written examinations.

Applications should be addressed to the Human Resources Bureau, MSC 0251, Texas Department of Public Safety, Box 4087, Austin, Texas 78773, faxed to 512-424-5627, or emailed through DPS email system to "Jennica Sorrells" and should be received no later than 5 p.m. on Friday, June 6, 2008. Candidates who do not submit a HR-106 by the deadline to the Human Resources Bureau will not be eligible to participate in the written examinations. No walkins will be allowed.

Announcements are forthcoming and will be placed in Outlook at Public Folders/All Public Folders/Law Enforcement Promotions. Application form HR-106 can be found in Outlook.

The knee bone's connected to the *footwear*?

Probably the biggest obstacle that prevents people from exercising is injury. Let's face it, "no pain, no gain" could really be re-titled to say "no pain = more fun."

The problem is many of us have reoccurring injuries that make exercise less enjoyable, and thereby thwarts our efforts. The most common problem areas are knees and ankles. Whether it's a stress fracture that has built up over time, or an old high school injury that just never fully healed, these two areas give us the most headaches.

The good news is that your problem could be as simple as not using the proper footwear. And even if buying the right shoes doesn't fully correct the issue, it can help tremendously. Here's some info to consider from the American Orthopedic Foot and Ankle Society when accessing your feet.

Running

Because it's the easiest and most economic, many exercisers prefer running or jogging as their primary source of cardiovascular exercise. If you're a runner, look for a shoe with more cushioning impact and good heel control, designed to provide maximum overall shock absorption for the foot. The right shoe can help with shin splints, tendonitis and stress fractures.

The surface you are running on can play a major role in knee and joint pain. Our knees are designed with a substance called cartilage, which acts as a cushion for the joint. Repeated pounding on these joints over time can cause cartilage to tear, become inflamed, or just deteriorate altogether. A few years ago, *Runner's World Magazine* ranked the top 10

running surfaces to provide practical guidance in choosing where to run.

The rankings: #1 – Grass, #2 – Woodland Trails, #5 – Tracks, #6 – Treadmill, #7 – Asphalt, #9 – Concrete

Now that you know, you can make the choice that best suits your needs. Availability, time, practicality, and finances should all be considered when deciding where to run.

Walking

If walking fits you better, look for a lightweight shoe that provides extra shock absorption in the heel and in the ball of the foot. You also want something with a slightly rounded sole.

Low Impact Sports – Tennis, Basketball, Etc.

For sports where you're making a lot of quick lateral movements like



basketball or tennis, you need a shoe that provides increased ankle stability. In fact, it's probably necessary to sacrifice some shock absorption in order to gain this needed stability. This means you'll also want a shoe with a thicker, harder sole for support and traction. For tennis, a ¾ high top shoe will work. For basketball, be safe and go with the full high top. It's not a bad idea to tape your ankles with athletic tape either.

Choosing the right foot wear can make all the difference. If you take care of your knees and ankles now, they will thank you later. And you'll experience more freedom and diversity in your exercise choices. For tips on what specific shoes to choose (brands and styles), you can consult your physician or local shoe store salesperson. Remember, it's gotta be

Memorial Service, continued from page 1

Corporal John "Scott" Gardner, Odessa PD, shot and killed Sept. 8 while responding to a domestic disturbance;

Corporal Abel Marquez, Odessa PD, shot Sept. 8 while responding to a domestic disturbance, died on Sept. 12;

Detective Mario Moreno, San Antonio PD, killed Sept. 21 while attempting to serve arrest warrant.

Texas peace officers who died while performing their duties in 2007:

Deputy Sheriff Rahamy Mitchell, Fannin Co SO, killed Jan. 7 in a traffic crash:

Tr. **Todd Dylan Holmes**, DPS-Gilmer, killed March 14 in traffic crash;

Officer Andrew Esparza, Irving

PD, killed April 13 in a traffic crash; Officer Lisa Beaulieu, Beaumont PD, killed April 27 in a traffic crash;

Game Warden Teyran (Ty) Patterson, Texas Parks and Wildlife Dept., drowned May 30 while trying to save a drowning victim;

Officer Jeff McCoy, Abilene PD, died June 5 in a traffic crash;

Officer Dayle Weston (Wes) Hardy, Plano PD, died July 7 in a traffic crash;

Officer David Camden, Temple PD, died Sept. 14 in a traffic crash;

Deputy Constable Jason Norling, Harris Co Constable's Office-Pct. 5, died Oct. 1 when he was struck by a vehicle:

Investigator Dale Clint Sherrill, Marion Co SO, injured Oct. 17 in a traffic crash and died on Oct. 19;

Officer James Saavedra, Port of DPS "on the acorpus-QuintityPD, died Dec. 19 in ate.tx.us an accidental shooting.