

Numbers Sheet Activity

The Numbers Sheet is a learning activity that can be used to stress aggressive visual habits and the advantage of having a strategy (SEE) to reduce factors in traffic. Following is an explanation of its use:

- A. Each person should have a copy.
- B. This is a timed event (90 seconds is suggested).
- C. Note there are numbers 1 through 60 on the page, with the 1 circled.
- D. Using a pen, pencil or the end of a finger, participants are to begin connecting the numbers when signaled.
- E. Signal a start. While participants are completing this, the following can be placed on a flipchart or board:
 1. Plan/Strategy
 2. Aggressive Vision
 3. Where To Look
 4. What To Look For
 5. Attention
- F. After 90 seconds, have participants stop and note how far they got.
- G. ASK: "Is the one who got the highest number the best rider?"
- H. ASK: "Is the one with the lowest number the worst rider?"
- I. ASK: "Did anyone notice a pattern?"
- J. If no one noticed, tell them that if a line is drawn down the middle, all the odd numbers are on the left side and all the even numbers are on the right – creating a back-and-forth pattern.
- K. ASK: "If this was known ahead of time, would the last number attained be higher? Why?"
- L. Explain that higher numbers could be attained because of the first four items on the board (There would have been a strategy; Aggressive vision could have been better employed; One would know where to look and what to look for).
- M. Ask: "How about if you knew that the first six numbers were on the top half, the next six on the bottom, and so on up and down the page. Would an even better score be obtained?"
- N. Summarize by noting that good riders have a strategy to know where to look and what to look for. They use aggressive visual habits and keep their eyes moving. The idea is to use a strategy to identify the factors that could interact to form a conflict and to maintain a time and space safety margin.
- O. ASK: "How much did you pay attention to your task during those 90 seconds?" "Will you use that much attention to see the interaction of factors when you ride?"
- P. Note that it is nearly impossible to have 100 percent attention to the interaction of factors all the time – so we as motorcyclists must constantly prioritize our attention.

