



DPS Chaparral



Produced by DPS Public Information, (512) 424-2080

August 2007

DPS budget gets boost from the Legislature

The DPS fared well in the 80th Legislative session, picking up additional personnel, equipment and possible infrastructure.

The Legislature approved salary increases from two to 10 percent for non-commissioned and commissioned personnel. (Commissioned personnel should read the Colonel's column on this page.)

The Department also received \$32.4 million to cover an operating short-fall and a \$2.4 million restoration of General Revenue funds.

The Legislature also approved the following Exceptional Items:

■\$64.4 million for border security. This includes the addition of 106 commissioned personnel, including 56 Highway Patrol troopers, 18 pilots/tactical training officers, nine Criminal Intelligence investigators, nine Motor Vehicle Theft (MVT) investigators, nine Narcotics investigators and five Texas Rangers. New helicopters will be stationed in El Paso, Alpine, Laredo and Del Rio.;

■\$43.7 million for border security administered by the Governor's Division of Emergency Management, which will mostly be used for overtime, travel, training and equipment for state law enforcement agencies, the National Guard and local law enforcement agencies along the border.;

continued on page 2

Improving your 1.5 mile and 300 meter runs

The running portion of the Physical Readiness Test, including the 1.5 mile and 300 meter runs, can be a daunting challenge for many troopers.



Whether you're comfortable with one of the runs and not the other, or you're not excelling at either, the good news is that you can improve your speed. You've probably heard that the best way to improve muscle strength

is to slowly increase the load on your muscles each time you work out. This applies to running as well. You can improve your time by increasing the frequency, intensity and duration of your training runs.

Get FITT

To improve your run, apply the FITT formula. FITT stands for frequency, intensity, time and type of run.

continued on page 3

Dear fellow employee,

As you can see from the article to the left, the 80th session of the Texas Legislature was very productive for our agency. The Legislature approved pay raises for both commissioned and non-commissioned employees, as well as most of the Exceptional Items that we had requested. Some of the items we had requested (a driving track, several new buildings and labs throughout the state) will have to be approved by Texas voters in November. Keep an eye on the Chaparral over the coming months for more information about those projects.

•••••

For more information about many of the new laws going into effect, please see the DPS Intranet website. The Public Information Office will be sending out a news release in mid-August that will be posted at www.txdps.state.tx.us.

•••••

Commissioned officers are reminded that they must complete their physical readiness testing in order to receive the new pay raises.



Briefs

Sick Leave Pool donations

The Sick Leave Pool continues to benefit Department employees who have experienced the adversity of catastrophic illness or injury and have exhausted all accrued entitlements. Donations are accepted at any time and will be good for a period of one year from date of donation. Donations must be received prior to the discovery of the need for leave. For additional information refer to the insert in your August pay packet or General Manual, Chapter 7, Section 06.04. Also enclosed in your August pay packet you will find HR-36, the Sick

Leave Pool donation form. If you wish to contribute, please send the completed form to the Human Resources Bureau, attention Sick Leave Pool Administrator, PO Box 4087, Austin, Texas 78773-0251. The HR-36 form also can be found in Outlook under Public Folders, All Public Folders, DPS Forms, HR Forms. You may e-mail this form to Darlene Stumbough in Human Resources. Contact **Cindy Torres** at 512-424-5756 for more information.

Speir Scholarship deadline

Wilson E. Speir Scholarship applications will be accepted through Aug. 15. Students must be classified

as full-time criminal justice majors and enrolled in Texas universities. Two scholarships will be awarded for \$500 per semester for up to two semesters. Applicants should submit resumes and transcripts of completed college work to: Director's Office, c/o DPS, P.O. Box 4087, Austin TX 78773-0110.

SWAT tryouts

The DPS SWAT Team is seeking applicants. Any commissioned officer who resides or is stationed within four contiguous counties of Travis or Williamson counties may apply. Interested candidates should submit a memo, via Department e-mail, to Lt. **Mike Tacquard** or Lt. **David Franklin**.

DPS budget, continued from page 1

■64 additional Crime Lab employees, as well as money for new DNA, drug and firearms analysis equipment;

■In-car computers using wireless technology for all black and white units and sergeant vehicles in the Highway Patrol Division;

■(In addition to border security) 75 Commercial Vehicle Enforcement personnel (50 of which are non-commissioned), 20 Narcotics investigators, eight MVT investigators and 11 Texas Rangers;

■(In addition to border security) A replacement helicopter for Garland, a new helicopter for Amarillo and a total of 11 additional pilots;

■ 29 personnel for Crime Records—mostly field auditors and trainers—and funds for a new palm print system and upgrades to the Automated Fingerprint Identification System (AFIS);

■A renovation project for the Houston Dacoma DL office and employees and equipment for a possible new driver license office in The

Woodlands;

■ An additional psychologist and seven associate psychologists.

(Some of the above budget items come with stipulations.)

DPS also has \$200 million at stake in a general obligation bond package that voters will decide on in November. If approved, DPS would build a new Regional office and Crime Lab in Hidalgo County, a Regional office and Crime Lab in Lubbock, a new Rio Grande City area office and an emergency vehicle operations course in Florence. In addition, the bonds would fund construction of new crime labs in Abilene, Corpus Christi, El Paso, Houston, Tyler and Austin.

No funds were approved for Real ID, and the Department is still waiting on the final federal rules to assess the impact.

DPS' budget for the next two years is \$1 billion and \$674.7 million, respectively. Overall, the agency added 186 new commissioned officers and 242 non-commissioned personnel.

Dive team looking for you

The DPS Dive Recovery Team is seeking applicants. *Tryouts will be held Aug. 13-15.* Any commissioned THP trooper wishing to apply for consideration should submit a memo through their chain of command, forwarding the original directly to Lt. **Mike Tacquard**. Dive certification is not required. For further information, call 512-424-2339.

Region VI retirees meeting

The Region VI Retirees association meeting will be held on Saturday, Sept. 15 in Knox Hall at the Texas Ranger Museum and Hall of Fame on I-35 in Waco. Gathering and visiting will begin at 10 a.m. Lunch will be served at noon. The cost of the meal is \$10 per person. All DPS retirees are invited to attend. For more information or to make reservations, contact **Charlie J. Morgan** at 254-867-6732 or **Judy Falkner** at 254-799-8963.

Fitness Corner, continued from page 1

- Start by increasing the **frequency** of your training runs. You should run at least three to four times a week.

- The **intensity** of your run must be high enough to challenge your body. Shoot for 60 to 85 percent of your maximum heart rate (220 minus your age).

- To improve your running skills, you must put in the **time**. Consider running for 30 minutes each time you train. If you can already do this, slowly increase run time to 40 minutes or more.

- Change the **types** of runs that you do. Each time you run, you can focus on different aspects of the run, such as duration and pace.

Improve speed by varying the types of training runs that you do:

Increase duration – For at least one of your weekly runs, you should work to improve the duration of your run. Training for the 1.5 mile and 300

meter, you can improve endurance and muscle strength by running twice the distance. If you're concentrating on the 1.5 mile, run three miles, and if you want to improve the 300 meter, run 600 meters. If you attain the goal of easily running twice the distance of the run, imagine the boost in confidence and endurance this will give you during the PRT. When you're doubling your distance, you should run at a comfortable pace.

Change pace – Another way to improve your speed is to change the pace of your running through interval training. (Interval training involves running shorter to medium distances at a fast pace followed by walking or jogging between the intervals.) For instance, if you can finish the 1.5 miles without stopping, pick up the pace for every other quarter mile. For example, run 220 yards (1/2 around a track), walk 220 yards and run 220 yards. Keep this up until you have completed four to five intervals.

Criminal Law Enforcement promotional tests set

Competitive exams have been scheduled for **Narcotics Service lieutenant** (Monday, Aug. 6 at 8 a.m.), **Criminal Intelligence Service lieutenant**, **Motor Vehicle Theft Service lieutenant** (both on Wednesday, Aug. 8 at 10 a.m.) and **Aircraft Service lieutenant** (Monday, Aug. 20 at 8 a.m.) at the DPS Academy in Austin. The Oral Examining Board for **Narcotics Service lieutenant** will convene at 8 a.m. on Tuesday, Aug. 7; the Oral Board for **Criminal Intelligence Service lieutenant** will convene at 8 a.m. on Thursday, Aug. 9; the Oral Board for **Motor Vehicle Theft Service lieutenant** will convene at 8 a.m. on Thursday, Aug. 9 and the Oral Board for **Aircraft Service lieutenant** will convene on Thursday, Aug. 23.

The application form HR-106 should be submitted **directly to the Human Resources Bureau**. Applicants must also submit a copy of form HR-106 to their Service Commander through proper channels. **Only those candidates who are qualified will be able to compete in the written examinations.**

Applications should be sent to the Human Resources Bureau, MSC 0251, Texas Department of Public Safety, Box 4087, Austin, Texas 78773, faxed to 512-424-5627, or e-mailed through DPS e-mail system to "Terry Preston" and **should be received no later than 5 p.m., Thursday, Aug. 2 and Thursday, Aug. 16 for Aircraft Section Lieutenant.**

Increase the length of the run and decrease the length of the walk to lower your 1.5 mile time. To improve speed in the 300 meter run, try sprinting the "straights" (100 meter straight portion of a running track) and walking the "curves" (curved portion of a track).

Warm up, cool down and cross train – Remember to schedule a warm-up and cool-down period before and after your runs, including stretching. On the days that you don't run, cross-train with weight lifting and other low-impact exercise, such as bicycling. Cross-training will decrease the chance of injury and improve your strength, stamina and flexibility.

Reap the rewards – By running on a regular basis and challenging your body through distance and interval training, you can lower your 1.5 mile and 300 meter times. Instead of focusing on other runners finishing faster than you, shoot for beating your own previous run times. Soon, you'll find that you are reaping the rewards that running has to offer, such as a slimmer and more athletic physique and a body that can handle exertion.



On the mend...

Best wishes for a speedy recovery from line-of-duty injuries go to:

Tr. Darrin Bridges, HP
Borger, injured while arresting a fleeing suspect;

Tr. Richard Cook, HP
Anderson, injured while arresting a fleeing suspect;

Tr. Brian Kemp, HP
Beaumont, injured arresting suspect;

Tr. Juan Sandoval, CVE
Laredo, injured during a traffic stop.

Mile Markers

Promotions**Director's Staff**

Todd Kenneth Kresnik, Lt., CIS Garland to Inspector II, OAI Austin.

CLE

Dennis J. Loockerman, Mgr., Crime Lab Svc. Austin to Asst. Lab Director, Crime Lab Austin; **Michael Allen Stanford**, Sgt., CIS Austin to Lt., CIS Garland; **Conrad Martin Rodriguez**, Cpl. III, HP Waco to Sgt., CIS El Paso;

Michael Gregory Parker, Tr. III, HP San Antonio to Sgt., CIS El Paso; **Ernesto Javier Salina**, Cpl. III, CVE Laredo to Sgt., CIS Laredo; **Dustin Thomas Mathews**, Tr. II HP Hillsboro, to Sgt., MVT El Paso.

DL

Sharon Rosemarie Smith, Sgt., DL Houston to Lt., DL Corpus Christi.

HP

Roger Bernard Looka, Cpl. V, HP San Angelo to Sgt., HP San Angelo.

Retirements

Alan Wade Alexander, Lt., Narcotics Svc. Lufkin, 31 yrs., 8 mos., 1 day; **Landis Gene Garrison**, Sen. Tr., HP Garland, 26 yrs., 5 mos., 16 days; **Jon Brian Ross**, Spec. II, Fleet Svc. Austin, 26 yrs., 2 mos., 29 days;

Patricia Clay Hollis, Sen. Tr., DL Irving, 25 yrs., 5 mos., 17 days; **Carolyn Sue Blow**, Admin. Asst. III, DL Madisonville, 24 yrs., 7 mos.,

DPS online: www.txdps.state.tx.us

29 days; **Roy Lee Grona**, Supv. I, Fleet Svc. Austin, 31 yrs., 16 days; **Keith Stanley Turner**, Oper. IV, HP Mineral Wells, 29 yrs., 7 mos., 29 days;

James Walter Stewart, Jr., Sgt., HP Floresville, 29 yrs., 1 mo., 6 days; **Joseph Anthony Clement**, Sen. Tr., HP Wichita Falls, 28 yrs., 17 days; **John Lopez Gonzales**, Sen. Tr., HP Houston, 27 yrs., 11 mos., 12 days; **Kevin Richard Vreeland**, Sen. Tr., HP Austin, 27 yrs., 5 mos., 21 days;

Kenneth Perry Madison, Sgt., DL San Antonio, 25 yrs., 5 mos., 17 days; **Thomas Benjamin Hartman**, Sgt., CVE Rosenberg, 25 yrs., 7 mos., 16 days; **Cheryl Marie Kincannon**, Spec. II, Narcotics Svc. Austin, 24 yrs., 2 mos., 4 days;

David Stuart Stading, Sgt., DL Georgetown, 21 yrs., 19 days; **James Mitchell Willis**, Sen. Tr., HP Groesbeck, 20 yrs., 5 mos., 10 days; **Patricia Ann Solomon**, Admin. Asst., III, DL Beaumont, 20 yrs., 8 mos., 15 days; **Hector Francisco Salazar, Jr.**, Admin. Asst. II, DL Plano, 7 yrs., 9 mos., 15 days;

Karen Ann Herbst Pitner, Legal Asst., III, OGC Austin, 6 yrs., 11 mos., 17 days; **Charles Robert Kerns**, Oper. I, HP Conroe, 4 yrs., 8 mos., 29 days; **Joyce Ann Henze**, Clerk III, UCR Austin, 4 yrs., 5 mos., 24 days; **Susan Eileen Newstrom**, Librarian Asst. III, IMS Austin, 29 yrs., 11 mos.;

Margie Fay Kyser, Mgr. III, Crime Records Svc. Austin, 27 yrs., 5 mos., 2 days; **Scott Newton Smith**, Sen. Tr., Canton, 25 yrs., 10 mos., 6 days; **Dorothy Elizabeth**

Hart, Admin. Asst. II, DL Fort Worth, 25 yrs., 5 mos., 16 days; **David Horace Keys**, Sgt., CVE Waco, 25 yrs., 4 mos., 18 days;

Patricia Linebarger Blake, Spec. II, CIS Austin, 19 yrs., 3 mos., 23 days; **Yolanda V. Cruz**, Admin. Asst., II, HP Rio Grand City, 12 yrs., 8 mos.; **Monty Lewis Posey**, Lt., Narcotics Svc. Garland, 18 yrs., 8 mos., 5 days; **Dorothy Nell Pennartz**, Admin. Asst. II, DL Decatur, 9 yrs., 1 mo, 16 days;

Anna Darlene Reeves, Admin. Asst. II, DL Austin, 25 yrs., 20 days; **Clifton H. Grumbles**, Capt., PSB Austin, 17 yrs., 6 mos., 28 days.

Deaths

Robert K. Mitchell, ret. Capt., Rangers Austin (April 1958 – June 1992) died June 18, 2007; **Anthony G. Michniak**, ret. Operator Supv., HP Corpus Christi (July 1978 – August 1996) died May 19, 2007; **M.D. Goodwin**, ret. Major, HP Garland (March 1956 – May 1987) died July 1, 2007; **Catherine Graves Skinner**, Clerk III, DL Athens (Nov. 1969 – March 1987) died June 24, 2007; **Isaiah Brown**, Supv. III, Building Pgms. Austin (May 1976 – April 2002) died July 13, 2007.

Retiree e-mail news list

The Public Information Office sends occasional e-mails with DPS news, such as funerals, to retirees. To get on the e-mail list, please send your name and e-mail address to: tela.mange@txdps.state.tx.us.